

THE BULLETIN

CANBERRA • ROTARACT • CLUB • NEWSLETTER

President: Keiran Rossteuscher

Vice President: Emma Hodis

Treasurer: Frances Rivera

Secretary/Bulletin Editor: Jessica-Louise McDonald

Community/International Director: Gorana Kolundzic

Professional/Social Director: Nicholas Row

Fine Sergeant: Joel Nation

From the President

Hello Rotaractors

I would like to start by first congratulating the new board on being voted in at the last meeting. There is a great deal of diversity on the board, with a mix of bright new faces and some long standing stalwarts of the club as well. This will be a very different board to the one that we had this year, but I think that skills and passion with which people vied for positions is an encouraging sign of the dedication people will have to their roles next year.

I think that the elections, although long and drawn out, were a fantastic experience. For each and every position there was at least two people hoping to get the role. This is a very different experience to that which some of us had in 2006 when everyone who was at the election was given a position on the board. Not only that, but we had more positions to fill this year than we did back then. This is such a thrill for myself, and I am sure for so many others in the club, who saw through that rough patch we had. The fact that we have enough members to separate InterComm and ProSoc into four separate directorships is something even 12 months ago I could have predicted, and now each of these portfolios will be able to be given the attention that they deserve.

But what about those of us who did not get a role on the board this year? Does that mean that we just shrug our shoulders and wait to be told what to do because we didn't get given a directorship or a role like Fine Sergeant? Of course not! This is the perfect opportunity to capitalise on the strength of the club to help build the capacity of the different portfolios. But how do you do this if you do not have a position on the board?

Well it is part of our culture, as I have said many times before, that the Directors take on the responsibility for organising the various events that we are involved in. So why don't you see if there is a way that you can help them out? Maybe you might like to help Nat arrange a Coast Trip, or assist Claire with the liaising with a particular overseas Rotaract Club. Maybe you want to take charge of coordinating Relay for Life. These are ways of showing that maybe you would be a good candidate for the position in the following year because of all of the examples of how you have helped the position already and having an understanding of what is required to help it grow in the future.

You don't even necessarily have to do something related to a directorship. What about working on our website? Or maybe designing some more promotional materials, looking at funding grants, linking in with another Rotaract Club to arrange an inter-club event? You don't have to wait for other people before putting your hand up to this or anything else you have a good idea about. This doesn't mean going in guns blazing either, but have a think, chat to some other members (maybe have a word with Sig) or stakeholders and

see what is involved in getting it up and going, and start work on your own project. Don't be afraid to ask for help either.

Just because the elections are over doesn't mean the rest of us sit back and wait for all the work to be done. As a club we need to work together to keep the club going. This is a very exciting time for the club, looking healthier and more vibrant than ever. I know that at the end of this Rotaract year the club will be heading in a very positive direction.

Congratulations Rotaract Club of Canberra!

Yours in Rotaract,

Keiran
President

The New Board

Congratulations to the new board, elected at the last meeting! The 2008/2009 Board members are:

President: Sigourney
Vice President: Craig
Secretary: Frances
Treasurer: Abdi
Community: Tamara
Social: Nat
International: Claire
Professional: Louise
Bulletin Editor: Chele
Sergeant of Arms: Sean

Hartley Life Care (Hall Markets)

Hartley Life Care - Hall Markets

At the last meeting I raised the idea of working on a BBQ stall at the Hall Markets after being invited to assist by Hartley Lifecare Inc. Here is some information about them and what it is that we will be doing with them in the future.

Hartley Lifecare is a charitable organisation that provides accommodation, respite and community services to those living with a physical or complex disability in Canberra and the surrounding district. In 1997 a group of parents who all had children with a disability had an idea to run a market as a means of raising some much needed funds. In the markets hey-day it had in excess of 500 stalls. These days it has closer to 230, but still has 3000 - 4000 visitors a month.

The markets are held on the first Sunday of the month (except January). We have volunteered to assist with the BBQ every month in the second half of the year except November (a traditionally busy month for us). All equipment and food will be provided, and we are providing them with the people power, taking over from the ANZ volunteers who have done the breakfast shifts. We will be cooking and selling the food, as well as tidying up at the end. The final packing away will be done by their volunteers.

Gorana, and then (or maybe with the help of) Tamara will be coordinating this. More details will come closer to the first Sunday of July.

Rotary Club of Canberra East - Thankyou Dinner

We were invited to come along last Monday to the Rotary Club of Canberra East's meeting as a thankyou for the work that we had done to assist with the Canberra Show BBQ. We had four delegates attend after a few people had to pull out due to unforeseen circumstances... and Abdi, a cousins birthday is not unforeseen. At the meeting we gave a quick talk about Rotaract and we were fortunate enough to be presented with a further thankyou for the effort that we provided on the weekend of the show with the presentation of a cheque for \$1,500.00. It has not been decided how this money will be spent, and that is likely to be discussed at least briefly at the meeting this week.

A big thankyou again to everyone who was able to help out on the weekend. We will hopefully be invited again next year, with the possibility of a wider range of ways to assist, and also being asked to help out with the Folk Festival stall a few weeks later, again with the prospect of a financial reward for the club.

Dates for your diary

Volunteer Day Stall - Sunday 18th May

Salavation Army Red Shield Appeal - Saturday 24th and Sunday 25th May

Current and Future Board Members Planning Day - Saturday 21st June

Board Changeover Celebration - Saturday 28th June

Jokes

Jacob, age 92, and Henrietta, age 89, are excited about their decision to get married.

They go for a stroll to discuss the wedding and on the way they pass a chemist.

Jacob suggests they go in.

Jacob addresses the man behind the counter: "Are you the owner?"

The pharmacist answers "Yes".

Jacob: "We're about to get married. Do you sell heart medication?"

Pharmacist: "Of course we do."

Jacob: "How about medicine for circulation? "

Pharmacist: "All kinds."

Jacob: "Medicine for rheumatism, scoliosis?"

Pharmacist: "Definitely. "

Jacob:" Medicine for memory problems, arthritis, jaundices?"

Pharmacist: "Yes, a large variety..... the works!"

Jacob: "What about vitamins, sleeping pills, antidotes for Parkinson's Disease?"

Pharmacist: "Absolutely. "

Jacob:" You sell wheelchairs and walkers?"

Pharmacist: "All speeds and sizes. Why do you ask? Is there something I can help you with?"

Jacob says to the pharmacist:

"We'd like to nominate your store as our Bridal Gift Shop."

See you Thursday,

Yours in Rotaract,

Jessica